What are SMART Goals?

Conditions for Return should be drafted using the SMART Goal Analysis.
SMART Goals is an acronym for specific, measurable, achievable, realistic, and timely objectives.

SPECIFIC



The condition is specifically related to an identified Impending Danger Threat.

An Impending Danger Threat is a foreseeable state of danger in which a family behavior, attitude, motive, emotion or situation that can be anticipated to have severe effects on a child at any time in the near future and requires safety intervention.

MEASURABLE



The condition is clear about what behavior needs to change.

The condition is focused on behavioral change and not on completing a service.

The condition can be measured based on what the parent has or has not changed in their behavior.

ACHIEVABLE



The condition is clear as to how the parent or caregiver will make progress towards the goal.

The condition is clear about how successful completion of the goal is evaluated.

The parent or caregiver is capable of achieving the condition.

REALISTIC



The condition is written in language that can be understood by the parent or caregiver.

The condition is culturally competent.

The condition is least intrusive.

It is possible for the parent or caregiver to meet the condition.

TIMELY



The condition is workable and there are no barriers to complete the condition.

The parent or caregiver can begin to work on the behavioral change promptly.

The behavior change cannot occur overnight but work towards that change can begin soon.